

Making the Most of Reflective Supervision: An Introduction to Reflective Practice **Thursday, November 9, 2017**

Co-sponsored by the New Center for Psychoanalysis

Reflective supervision, reflective consultation, and reflective practice are terms used for the emerging approach now considered best practice for agencies where stress, high turnover, and service quality are significant issues. This one-day immersive, experiential workshop is designed for both supervisors and supervisees working as infant mental health and early childhood specialists, early childhood educators, home visitors, and other providers of infant-early childhood services. Utilizing video, role play, and small group exercises, participants will develop a comprehensive framework for understanding reflective supervision. This training satisfies 7 hours towards the California Center IFECMH (Infant Family Early Childhood Mental Health) Endorsement.

Objectives:

- **Define the core elements of reflective supervision**
- Identify benefits and challenges of participating in reflective supervision
- **Define Reflective Functioning and its importance in building relationships**
- Define the term parallel process and its relationship to reflective practice
- **Demonstrate reflective practice skills through role play and experiential exercises**
- Discuss and reflect on ongoing strengths and challenges in participating in reflective supervision

Training Facilitator:

Diane Reynolds, LMFT is a CA endorsed Infant-Family Early Childhood Mental Health Specialist and Reflective Practice Facilitator II. A program developer and trainer in Mindful Parenting Groups and Reflective Practice, Ms. Reynolds has spent two decades introducing parents, providers, schools and organizations to mindful, reflective approaches to care. Recent publications include the *Handbook of Psychodynamic Approaches to Psychopathology (2015)* and the *Infant Mental Health Journal (2016)* special issue on *Reflective Supervision*, "Reflecting Together: Reflective Functioning as a Focus for Deepening Group Supervision."

Dates: Thursday, November 9, 2017

Time: 8:30 AM – 4:30 PM, with 1 hour lunch break

Place: New Center for Psychoanalysis
2014 Sawtelle Blvd., Los Angeles, CA 90025

Fee: \$135 early bird registrations received by 10/9/17
\$150 regular registration, after 10/9/17

7 CE credits available for Psychologists, LCSW's & LMFT's.

Participants must be mental health professionals or early childhood specialists. Space is limited. Pre-registration is required. Full refund available up to 10 days prior to training.

Important Disclosure for All Learners: None of the planners and presenters of this CE program have any relevant financial relationships to disclose.

Continuing Education Credits: 7 CE Credits are available for Psychologists, LCSW's and LMFT's.

Psychologists: The New Center for Psychoanalysis (NCP) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCP maintains responsibility for this program and its content. Full attendance is required for psychologists to receive credit; partial credit may not be awarded based on APA guidelines. Psychologists report directly to the MCEP using the certificates of attendance awarded at the completion of the course.

Social Workers and Marriage and Family Therapists: NCP is an approved provider for continuing education credits for LCSWs and MFCCs/MFTs (provider # PCE 674). This training meets the qualifications for 6 hours each of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Only the actual number of hours spent in the educational activity may be claimed for credit.

For questions or additional information, please contact: info@reflectivecommunities.org or 323-275-4805



Center for
Reflective
Communities

**Making the Most of Reflective Supervision:
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Registration Form**

Name: _____

Degree(s) & License #: _____

Organizational Affiliation (if applicable): _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

If payment is for registration of multiple participants from the organization listed above, please list the following:

Name	License
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

Total Fee: \$135 per participant x _____ (number of participants) = _____

\$150 per participant x _____ (number of participants) = _____

Payment options:

Check (payable to Center for Reflective Communities -mailed with completed form to address below)

Visa or MasterCard

Note: Merchant shown on your credit card statement will be New Center for Psychoanalysis

Cardholder Name (as it appears on card): _____

Cardholder Signature: _____

Card Number: _____

Expiration Date (mm/yy): _____ CCV(3-digit code on back of card): _____

Billing Address (if different from above): _____

City/State/Zip: _____

Mail check and completed form to: Center for Reflective Communities, 2014 Sawtelle Blvd., Los Angeles, CA 90025
For credit card registrations, email or fax your completed form to: info@reflectivecommunities.org or fax 310-477-5968 ATTN: CRC