



## Reflective Parenting Program Level 1 Training: Fundamentals Saturday and Sunday, January 21 & 22, 2017

*Co-sponsored by the New Center for Psychoanalysis*

This two-day intensive Level 1 training is designed for mental health practitioners working with infants, children, and families, as well as infant and early childhood specialists. Participants will learn about a new approach to early intervention with parents based on a theoretical model of cognitive and emotional development emphasizing reflective functioning or parental mentalization. This essential processing mechanism enables parents to understand that mental activity such as thoughts, feelings, needs, intentions, and desires (within both their children and themselves), which are not directly observable, underlie all human behavior. The ability to understand and respond to children's behavior in terms of the mental states that motivate it is essential for strong parent-child bonds (i.e. secure attachment).

The training provides participants with a base of knowledge, a new way to work with the central issues in parent-child relationships, and a step-by-step method that can be utilized to help parents think about their children in a more reflective way. Parents are thereby supported to resist the temptation to seek quick or non-reflective behavioral solutions to the conflicts or problems they experience in relationship with their children.

### Objectives:

- Gain an understanding of attachment research and theory, psychoanalytic developmental theory, and the importance of the concept of parental reflective functioning.
- Use examples of specific attachment patterns to learn how to tailor effective interventions when working with parents.
- Explore practical application of parental mentalization theory in designing treatment strategies addressing a variety of issues that may emerge when conducting parent workshops.
- Learn techniques and exercises that facilitate inquiry and reflection in parents.

### Training Facilitator:

**John Grienenberger, PhD**, Program Developer of the Reflective Parenting Program has authored numerous papers in areas of attachment research, parental reflective functioning, parents, and child psychotherapy research. Dr. Grienenberger is in private practice in West LA where he works with children and adults.

**Dates:** Saturday & Sunday, January 21-22, 2017  
(must attend both days)

**Time:** 9 AM – 4 PM, with 1 hour lunch break

**Place:** **San Diego Psychoanalytic Center**  
4455 Morena Boulevard, Suite 202  
San Diego, CA 92117

**Fee:** \$515 regular registration

Fee includes a group training manual.  
12 CE credits available for Psychologists, LCSW's & LMFT's.

Participants must be mental health professionals or early childhood specialists. Space is limited. Pre-registration is required. Full refund available up to 10 days prior to training; thereafter, refund is less \$100 up to the start of the training.

**Note: RPP Level 1 training is a prerequisite to Level 2 Facilitator Training. Participants in Level 2 co-facilitate a parent group with another Level 1 graduate while being supervised by a CRP Trainer. The RPP Curricula is made available during Level 2. Successful completion of RPP Level 2 is required to conduct RPP parent groups.**

Important Disclosure for All Learners: None of the planners and presenters of this CE program have any relevant financial relationships to disclose.

**Continuing Education Credits:** 12 CE Credits are available for Psychologists, LCSW's and LMFT's.

**Psychologists:** The New Center for Psychoanalysis (NCP) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCP maintains responsibility for this program and its content. Full attendance is required for psychologists to receive credit; partial credit may not be awarded based on APA guidelines. Psychologists report directly to the MCEP using the certificates of attendance awarded at the completion of the course.

**Social Workers and Marriage and Family Therapists:** NCP is an approved provider for continuing education credits for LCSWs and MFCCs/MFTs (provider # PCE 674). This training meets the qualifications for 12 hours each of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Only the actual number of hours spent in the educational activity may be claimed for credit.

**For questions or additional information, please contact: [info@reflectivecommunities.org](mailto:info@reflectivecommunities.org) or 323-275-4805**



Reflective Parenting Program Level 1  
January 21-22, 2017  
Registration Form

Name: \_\_\_\_\_

Degree(s) & License #: \_\_\_\_\_

Organizational Affiliation (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

If payment is for registration of multiple participants from the organization listed above, please list the following:

Name	License
1.	_____
2.	_____
3.	_____
4.	_____
5.	_____

Total Fee: \$515 per participant x \_\_\_\_\_ (number of participants) = \_\_\_\_\_

**Payment options:**

Check (payable to *Center for Reflective Communities* -mailed with completed form to address below)

Visa or  MasterCard

*Note: Merchant shown on your credit card statement will be New Center for Psychoanalysis*

Cardholder Name (as it appears on card): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date (mm/yy): \_\_\_\_\_ CCV(3-digit code on back of card): \_\_\_\_\_

Billing Address (if different from above): \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Mail check and completed form to: Center for Reflective Communities, 2014 Sawtelle Blvd., Los Angeles, CA 90025

For credit card registrations, email or fax your completed form to:

[info@reflectivecommunities.org](mailto:info@reflectivecommunities.org) or fax 310-477-5968 ATTN: CRC