

***Beyond Words:  
Parental Embodied Mentalizing (PEM)***  
**Thursday, October 12th – Sunday, October 15<sup>th</sup>, 2017**  
*Co-sponsored by the New Center for Psychoanalysis*

In the first year of life babies communicate their mental states through bodily movements and caregivers respond in kind with unique movement and gestures, implicitly demonstrating their understanding of the infant's mental states. Based on a rich body of developmental research, it is shown that this parental embodied mentalizing, evident in nonverbal interactions between a parent and infant, predicts the infant's security of attachment, behavior problems, and cognitive functioning in infancy and childhood.

This four-day course aims to provide an understanding of parents' embodied mentalizing as it unfolds in the interaction with the infant and to become a reliable coder of PEM. The course will give a brief introduction to parental mentalizing and will include a movement activity to experience and better understand the theoretical concepts being learnt. Delegates will be shown how the PEM coding system works and will use the manual to code videotaped parent-infant interactions. The course will include homework which must be completed overnight and which will form the basis of discussion at the following training day.

**Objectives:**

- To differentiate implicit from explicit mentalization.
- To describe the significance of PEM to a child's development.
- To examine, assess and identify the aspects of embodied interactions between parent and child.
- To assign a PEM score that reflects a parent's mentalizing capacity in a non-verbal parent-child exchange.
- To evaluate the strengths and challenges for a parent-child dyad based on PEM assessment.
- To describe both empirical and clinical applications of PEM assessment.

**Training Facilitator:**

**Dana Shai, Ph.D.**, teaches parent-infant relations, infant normal and abnormal development, and early interventions. She runs training courses on PEM at the Anna Freud Centre, London, as well as in Israel. Dr. Shai is the director of the RIPPLE Institute at the Baruch Ivcher School of Psychology at the IDC, Herzliya, Israel, where she and her team are investigating the inter-relationships between parents and infants, family dynamics, and the transition to parenthood, with an emphasis on mentalizing, parental embodied mentalizing, emotion regulation, co-parenting, and attachment. Dr. Shai completed her PhD in Clinical-Developmental Psychology in 2010 at the University of London under the supervision of Profs. Jay Belsky and Peter Fonagy.

**Dates:** October 12-15, 2017

**Time:** 9 AM – 3:30 PM, Thu-Sat (with evening assignments)  
9:00-1:00 PM, Sun

**Place:** New Center for Psychoanalysis  
2014 Sawtelle Blvd., Los Angeles, CA 90025

**Fee:** \$875 early bird registrations received by 4/1/17  
\$925 regular registration, after 4/1/17  
Reliability: + \$150

20.5 CE credits available for Psychologists, LCSW's & LMFT's, and Nurses. Fulfills the following criteria for CA IFECMH Endorsement: Knowledge Area A 2hrs; B 2hrs; D 1.5hrs; E 13hrs; F 2hrs.

Training is suitable for researchers, clinicians and professionals working in the area of infant mental health. Space is limited. Pre-registration is required.

Important Disclosure for All Learners: None of the planners and presenters of this CE program have any relevant financial relationships to disclose.

**Continuing Education Credits:** 6 CE Credits are available for Psychologists, LCSW's and LMFT's.

**Psychologists:** The New Center for Psychoanalysis (NCP) is approved by the American Psychological Association to sponsor continuing education for psychologists. NCP maintains responsibility for this program and its content. Full attendance is required for psychologists to receive credit; partial credit may not be awarded based on APA guidelines. Psychologists report directly to the MCEP using the certificates of attendance awarded at the completion of the course.

**Social Workers and Marriage and Family Therapists:** NCP is an approved provider for continuing education credits for LCSWs and MFCCs/MFTs (provider # PCE 674). This training meets the qualifications for 6 hours each of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Only the actual number of hours spent in the educational activity may be claimed for credit.

**For questions or additional information, please contact: [info@reflectivecommunities.org](mailto:info@reflectivecommunities.org) or 323-275-4805**



**Beyond Words:  
Parental Embodied Mentalization (PEM)  
October 12-15, 2017  
Registration Form**

Name: \_\_\_\_\_

Degree(s) & License #: \_\_\_\_\_

Organizational Affiliation (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**If payment is for registration of multiple participants from the organization listed above, please list the following:**

Name	License
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

**Total Fee:** \$875 per participant x \_\_\_\_\_ (number of participants) = \_\_\_\_\_ (Before 4/1/17)

\$925 per participant x \_\_\_\_\_ (number of participants) = \_\_\_\_\_ (After 4/1/17)

**Reliability:** \$150 per participant x \_\_\_\_\_ (number of participants) = \_\_\_\_\_

**Payment options:**

Check (payable to Center for Reflective Communities -mailed with completed form to address below)

Visa or  MasterCard

*Note: Merchant shown on your credit card statement will be New Center for Psychoanalysis*

Cardholder Name (as it appears on card): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date (mm/yy): \_\_\_\_\_ CCV(3-digit code on back of card): \_\_\_\_\_

Billing Address (if different from above): \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

**Mail check and completed form to:** Center for Reflective Communities, 2014 Sawtelle Blvd., Los Angeles, CA 90025  
**For credit card registrations, email or fax your completed form to:** [info@reflectivecommunities.org](mailto:info@reflectivecommunities.org) or fax 310-477-5968 ATTN: CRC