



## CRC-Approved Agencies Offering Reflective Parenting Program (RPP) or Mindful Parenting Groups (MPG)

### Mindful Parenting Groups (MPG)

Weekly group meetings, driven by the developmental stages of infants/toddlers. Groups are attended by parents/caregivers with their infants, toddlers, or preschoolers. Ongoing 12-week modules, 1.5 hours per session.

AGENCY/PRACTITIONER	AGENCY CONTACT	PHONE	WEBSITE	LOCATIONS	FEE	Age of children	Accepts court mandated referrals	Minimum requirements	Details about services for parents
TIES for Families	Dolores Spielman (310-533-6617) or Karen Rathburn (krathburn@dmh.lacounty.gov)	(310) 533-6600	<a href="http://www.tiesforadoption.ucla.edu">www.tiesforadoption.ucla.edu</a>	<b>Birth families:</b> Lakewood & Torrance. <b>Foster-adoptive families:</b> Torrance	\$0, Medi-Cal. Pro bono for biological families.	0 - 3 yrs	yes	Individuals must be well-established in recovery, or in a drug treatment program. Non-active domestic violence couples.	Substance abuse mothers, adoptive parent for preteen and teenagers, mothers in drug treatment, adoptive parents. All services connected to Department of Mental Health services are provided.
Well Baby Center	info@wellbabycenter.org	(310) 402-2229 x0	<a href="http://www.wellbabycenter.org">www.wellbabycenter.org</a>	12316 Venice Boulevard Mar Vista, CA 90066	contact Agency	0 - 3 yrs	yes	contact Agency	Various parenting groups, lectures, women's support group,
Hope Street Family Center	Vickie Kropenske	(213) 742-5828	<a href="http://www.hopestreetfamilycenter.org">www.hopestreetfamilycenter.org</a>	1401 South Grand Ave Los Angeles, CA 90015	\$0	0-3yrs	yes	Enrollment in Early Head Start (EHS)	hopestreetfamilycenter.org

### Reflective Parenting Program (RPP) Workshops

Weekly group workshops that follow a set curriculum. Groups are formed around the age of children with curricula for ages: 0-2, 2-5, and 6-12.

Workshops are attended by parents/caregivers only; children do not participate in these workshops. 10-week series, 1.5 hours per workshop.

AGENCY/PRACTITIONER	AGENCY CONTACT	PHONE	WEBSITE	LOCATIONS	FEE	Age of children of group members	Accepts court mandated referrals	Minimum requirements	Details about services for parents
Children's Institute, Inc.	Rosette Lee	(424) 201-3249	<a href="http://www.childrensinstitute.org">www.childrensinstitute.org</a>	21810 Normandie Ave. Torrance, CA 90502	\$0	2 - 5 yrs	yes	Accepts all individuals seeking services	0-5 age group, reflective parenting groups, domestic violence groups, mommy and me groups, home-based services, agency-based services, therapeutic preschool program, infant massage group.
Children's Institute, Inc. - Otis Booth	Irma Ocegueda	(213) 260-7600	<a href="http://www.childrensinstitute.org">www.childrensinstitute.org</a>	2121 Temple St. Los Angeles, CA 90026	\$0, Accepts Medi-Cal	2 - 5 yrs	yes	Accepts all individuals seeking services	
Community Family Guidance Center	Jessica Saldivar	(562) 916-5376	<a href="http://www.cfgcenter.com">www.cfgcenter.com</a>	Ramona Preschool 14616 Dinard Ave. Norwalk, CA 90650	\$0, Medi-Cal	2 - 5 yrs	yes	contact Agency	
Family Service of Santa Monica	Annie Wilson	(310) 451-9747	<a href="http://www.vistadelmar.org/family-services-of-santa-monica">www.vistadelmar.org/family-services-of-santa-monica</a>	1) FSSM, 1533 Euclid St Santa Monica, CA 90404 2) Oceanport Preschool Santa Monica 3) Blue Oak Preschool Culver City	\$250 sliding scale. Accepts Medi-Cal	0 - 18 yrs	yes	contact Agency	Parents that have children at Edison, McKinley, and John Muir schools are able to receive services at no cost.
For The Child	Tiffani Morton	(562) 427-7671	<a href="http://www.forthethechild.org">www.forthethechild.org</a>	4001 Long Beach Blvd. Long Beach, CA 90805	\$0, Medi-Cal	6 - 8 yrs	yes	Must be eligible for Medi-Cal services	We offer RPP and other parenting classes
Hope Street Family Center	Tania Benacerraf	(213) 742-5828	<a href="http://www.hopestreetfamilycenter.org">www.hopestreetfamilycenter.org</a>	1401 South Grand Ave Los Angeles, CA 90015	\$0	0-21 yrs	yes	Accepts all individuals seeking services	hopestreetfamilycenter.org
Pacific Asian Counseling Services	Stephanie Yamada	(310) 337-1550 x2016	<a href="http://www.pacsla.org">www.pacsla.org</a>	3530 Atlantic Ave., Ste. 210 Long Beach, CA 90807			contact Agency		PACS has a general parenting group every Wed 11-12:30. PACS also offers CPP and CFOF services for parent and child treatment.
TIES for Families	Dolores Spielman (310-533-6617) or Karen Rathburn (krathburn@dmh.lacounty.gov)	(310) 533-6600	<a href="http://www.tiesforadoption.ucla.edu">www.tiesforadoption.ucla.edu</a>	Harbor-UCLA Medical Center/ Options for Recovery	\$0, Medi-Cal. Pro bono for biological families.	4-12 yrs	yes	Individuals must be well-established in recovery, or in a drug treatment program. Non-active domestic violence couples.	Substance abuse mothers, adoptive parent for preteen and teenagers, mothers in drug treatment, adoptive parents. All services connected to Department of Mental Health services are provided.

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